

## Why the Comet Volleyball Camp?

We will work on the following skills:

- **Ball- Control**
- **Serving**
- **Setting**
- **Blocking**
- **Individual Defense**
- **Team Defense**
- **Team Attacking**

There will be plenty of opportunities to learn the game of volleyball.

We'll have fun as we prepare for the 2011 season.

Hope to see you there!

Let's Go Comets!

**Coach Hammerand**

### Bio of the Director

- Coach Hammerand- Will enter his 4th season as the Head Varsity Volleyball Coach at Bellevue High School. Hammerand in his 11th year of coaching volleyball. In 1998 Hammerand took the Dubuque Courtmaster Infernoes 13 and under team to a 2nd place finish in the state of Iowa. In 2001, Hammerand became the Bellevue Jr. High School Coach. As the Jr. High Coach, Hammerand compiled a 23-22 record. In 2007 Hammerand became the Freshman Coach at BHS. In 2008 Hammerand became the Head Varsity Coach. The Comets and Hammerand posting at least 10 wins in the last two seasons. In 2009 the Comets finished 3rd in the Marquette tournament. 2010, Comets finished 4th in the Raider tournament, also the Comets finished 6th in the Big East Conference in 2010. Hammerand and Comets have won the Big East Conference Sportsmanship Award in 2009 and 2010.

## Bio on the Counselors

- Coach Miron- Clarke University Head Womens' Volleyball Coach. Coach Miron is in his seventh season as head coach of the women's program. Prior to coming to Clarke University, Miron served as the head girls' volleyball coach at Caledonia High School. At Caledonia Miron finished with a 92-29 mark after 4 years at the helm. Miron played collegiate volleyball at Winona State University.
- Coach Blake- Iowa Wesleyan College Head Volleyball Coach. Blake has previously coached at Keokuk High School and Carthage High School. Blake is a native of Maquoketa and played her high school ball for Andrew High School. Blake was a two-time 1st teamer and a one time 2nd teamer in the Big East Conference. Blake went on to play at Iowa Wesleyan College.



- Coach Wieck- Alex Wieck is the BHS Spanish teacher and is entering her 3rd year as the Assistant Volleyball Coach. She is the head coach of the Freshmen/ Sophomore team. During Wieck's first two years as the Fresh/Soph coach, the teams had 0.500 records or better.
- Coach Till- Tracy Till has coached junior high, high school and club volleyball for 15 years. After volunteering 3 years with the Andrew program, she spent 7 years as an Assistant Coach at Bellevue under Judy Michels. Till spent the last 3 seasons at Andrew High School as the Head Varsity Volleyball Coach. While there Till got the opportunity to coach her daughter.

Created by : Nicole Giesemann



## 2011 COMET VOLLEYBALL YOUTH CAMP

July 25-29, 2011



## FACTS

2011 Comet Volleyball  
Youth Camp  
July 25- 29, 2011  
9 A.M. -11:30 A.M. for Grades 9-12  
1 P.M. - 3 P.M. for Grades 5-8  
At Bellevue High School Gym  
Cost \$40  
Deadline July 12.  
After Deadline Cost: \$50.

Checks Payable to:  
Bellevue High School

Send Forms & Checks to:  
Bellevue High School  
Attn: Loren Hammerand  
1601 State Street  
Bellevue, IA 52031

Volleyball Camp Director:  
Loren Hammerand

Any Questions Please Call Coach  
Cell: (563)- 542- 3424

Volleyball Camp Counselors:  
Chris Miron- Head Coach at Clarke University  
Jill Blake- Head Coach at Iowa Wesleyan  
Coach Wieck- Assistant Volleyball Coach at  
Bellevue High  
Coach Michels- Former Bellevue High School  
Head Volleyball Coach.  
Coach Till- former Andrew High School Head  
Volleyball Coach  
Brittney Sullivan- Varsity Setter 2008 and  
2009  
Caley Medinger-Varsity Setter/Outside Hitter  
2008,2009, & 2010

## LIABILITY FORM

As parent/guardian, I agree to assume the full risk, and fully release and discharge members of the Bellevue Community School, its directors, officers, trustees, agents, servants and employees for any injuries including death, damages, or loss regardless of severity, which I or my child/ward may sustain as a result of participating in the Comet Volleyball Camp.

In the event of an emergency , I authorize Bellevue High School/ Comet Youth Camp officials to secure treatment from licensed hospital, physician, and /or medical personnel any treatment deemed necessary for my child/ward's immediate care, and medical service required. I have fully read and understand the above, and all information supplied by me is accurate and current to the best of my knowledge.

\_\_\_\_\_  
Signature of parent/ guardian

\_\_\_\_\_  
Date

In Case of emergency:  
Guardian cell \_\_\_\_\_

If the parent/ guardian is unavailable in the event of an emergency please contact:

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

## REGISTRATION FORM

### ATHLETE INFORMATION

Name: \_\_\_\_\_

Grade in Fall: \_\_\_\_\_

Age: \_\_\_\_\_

School: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip: \_\_\_\_\_

Parents

Names: \_\_\_\_\_

T- Shirt Size (Circle One)

Youth: 6-8      10-12      14-16

Adult: S      M      L      XL

